



MARCH 2023

| Mon | Tue | Wed | Thu | Fri |
|---|--|--|---|---|
|  | <p>Atlanta Harvest Farm</p> <p>Family Owned & Operated</p> <p>Visit Sundays - Fridays from 11AM to 5PM</p> <p>3529 Anvilblock Rd Ellenwood, GA 30294</p> | 1 Egg & Cheese Biscuit or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice Chicken Pasta Alfredo Fresh Steamed Broccoli Breadstick Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Veggie Alfredo | 2 French Toast Sticks or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice Homemade Cheese/Pepperoni Pizza Glazed Carrots Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Cheese Pizza | 3 Breakfast Links w/ Grits or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice BBQ Meatballs Dinner Roll Waffle Fries Celery Sticks Chocolate Chip Cookie Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Cheese Fries |
| | | Nutri-Grain Bar 100% Juice | Grandma Cookies 100% Juice | EARLY DISMISSAL NO SNACKS |
| 6 | 7 | 8 | 9 | 10 |
| Hashbrowns w/Turkey Bacon or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Sausage Croissant or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Waffles or Cereal w/ Graham Cracker Sliced Pears Choice of Milk or Juice | Fruit Smoothie or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Cinnamon Raisin Bagel w/ Cream Cheese or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice |
| Meatloaf w/ Gravy Mashed Potatoes Turnip Greens & Cornbread Garden Salad/ Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Chicken Fajitas Grilled Red Peppers & Onions Black Bean Salad Garden Salad/ Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Cheesy Beef-A-Roni Steamed Squash & Zucchini Garlic Toast Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Teriyaki Chicken Tenders Spinach Dip w/ Pita Bread Celery Sticks Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Mini Corn Dogs Carrot Sticks Potato Chips Oatmeal Raisin Cookie Fresh/Canned Fruit Choice of Milk or Juice |
| Vegetarian Alternative: Veggie Nuggets | Vegetarian Alternative: Veggie Fajita | Vegetarian Alternative: Macaroni w/ Marinara Sauce | Vegetarian Alternative: Spinach Dip w/ Pita Bread | Vegetarian Alternative: Grilled Cheese Sandwich |
| Doritos 100% Juice | White Cheddar Pop Corn 100% Juice | Goldfish Crackers 100% Juice | Cheetos 100% Juice | EARLY DISMISSAL NO SNACKS |
| 13 | 14 | 15 | 16 | 17 |
| French Toast Sticks or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Sausage Biscuit or Cereal w/Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Fruit Muffins or Cereal w/ Graham Cracker Fresh/ Canned Fruit Choice of Milk or Juice | Egg & Cheese Croissant or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Fruit Parfait or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice |
| Fried Chicken Drumsticks Broccoli Rice & Cheese Casserole Candied Yams Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Steak & Cheese Quesadilla Fiesta Corn Pico De Gallo Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Chicken Ranch Pasta Sweet Peas Dinner Roll Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Chili Cheese Fries Mixed Vegetables Sour Cream or Ranch Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Tuna/ Chicken Salad Croissant Potato Chips & Pickle Spear Fresh Baked Sugar Cookie Fresh/Canned Fruit Choice of Milk or Juice |
| Vegetarian Alternative: Veggie Nuggets | Vegetarian Alternative: Veggie Quesadilla | Vegetarian Alternative: Veggie Pasta | Vegetarian Alternative: Veggie Nuggets | Vegetarian Alternative: Garden Salad |
| Graham Crackers 100% Juice | Assorted Snack 100% Juice | Grandma Cookie 100% Juice | Rice Krispy Treat 100% Juice | EARLY DISMISSAL NO SNACKS |
| 20 | 21 | 22 | 23 | 24 |
|  | Homemade Pancakes or Cereal w/ Graham Cracker Diced Peaches Choice of Milk or Juice | Southern Chicken Biscuit or Cereal w/ Graham Cracker Fresh/ Canned Fruit Choice of Milk or Juice | Donut Holes or Cereal w/ Graham Cracker Fresh/ Canned Fruit Choice of Milk or Juice | Grits & Scrambled Eggs or Cereal w/ Graham Cracker Fresh/ Canned Fruit Choice of Milk or Juice |
| | Chicken Burrito Bowl Grilled Peppers & Onions Black Bean Salad Bowl Toppings/ Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Creamy Stroganoff w/Meatballs Mixed Vegetables Bread Sticks Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Lemon Pepper Wings Potato Wedges Celery Sticks Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice | Beef Hot Dog Baked Beans Chips Fresh Baked Carnival Cookie Fresh/Canned Fruit Choice of Milk or Juice |
| | Vegetarian Alternative: Veggie Bowl | Vegetarian Alternative: Spaghetti w/ Pasta Sauce | Vegetarian Alternative: Veggie Nuggets | Vegetarian Alternative: Veggie Hotdogs |
| | Chocolate Grahams 100% Juice | Berry Granola Bar 100% Juice | Goldfish Crackers 100% Juice | EARLY DISMISSAL NO SNACKS |
| 27 | 28 | 29 | 30 | 31 |
| Breakfast Pizza or Cereal w/Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Cinnamon Roll or Cereal w/Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Brown Sugar Oatmeal or Cereal w/Graham Cracker Diced Peaches Choice of Milk or Juice | Sausage Biscuit or Cereal w/Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice | Fruit Muffin & Yogurt or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk or Juice |
| Chicken Pot Pie Green Beans Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Veggie Pot Pie Cheez-its 100% Juice | Soft Taco (ground turkey) Pinto Beans Corn on the Cob Taco Toppings/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Veggie Taco Doritos 100% Juice | Rasta Pasta Oriental Vegetables Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Veggie Pasta Nutri-Grain Bar 100% Juice | Turkey Club Wrap (lettuce,cheese,turkey bacon) Sweet Potato Fries Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Veggie Wrap Funyuns 100% Juice | Chicken Filet on Bun Potato Chips Garden Salad Chocolate Chip Cookie Fresh/Canned Fruit Choice of Milk or Juice Vegetarian Alternative: Grilled Cheese EARLY DISMISSAL NO SNACKS |